

Love and Holiness

LIVING THE FULLNESS OF CHRISTIAN LIFE

Advent Retreat at HOGAR

December 16-22, 2021

Program and Time Schedule

Day/Time	Activities	Specifications/Options
Thursday		
2:00pm	Departure	Meeting place at ICLA, Tandang Sora
4:00	Arrival	Accommodation & settling down
4:30	Snacks	
5:00	1 st Session	Orientation on the theme of the Retreat
6:00	Exploration of HOGAR	Prayer garden, places for meditation and spiritual conversations, the Knidos labyrinth, chapel, etc.
7:00pm	Supper	
Friday to Tuesday		
6:00am	Prayer/Meditation/Reflection	Personal: Asian meditational practices, natural contemplation, devotional prayers, adoration of the Blessed Sacrament, reflection with focus points
7:00	Breakfast	
8:30	Session (2 nd - 6 th)	On the theme of the Retreat
10:00	Snacks	
11:00	Eucharist	
2:30pm	Prayer/Meditation/Reflection	Personal: Asian meditational practices, natural contemplation, devotional prayers, adoration of the Blessed Sacrament, reflection with focus points
4:00	Snacks	
4:30		Retreat Director is available for dialogue
6:30	Supper	
Wednesday		
6:00am	Prayer/Meditation/Reflection	Personal: Asian meditational practices, natural contemplation, devotional prayers, adoration of the Blessed Sacrament, reflection with focus points
7:00	Breakfast	
8:30	7 th Session	Final reflections on the theme of the retreat
10:00	Snacks	
11:00	Eucharist	
12:00	Lunch	
2:00pm	Departure	

Fees: Covering the whole retreat (7 days)

Single cottages	PhP 8,750/person
Single rooms (Guesthouse 1)	PhP 8,750/person
Single rooms (Guesthouse 2)	PhP 7,000/person
Shared rooms (Farmhouse & Dormitory)	PhP 6,300/person

Transportation (from ICLA to HOGAR and back): PhP 200.00/person

For Inquiries or Reservations, please contact:

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